

First Sunday of Lent

Sunday, February 18, 2018

***“One does not live on bread alone, but on every word that comes forth
from the mouth of God.” Mt 4:4b***



Mass Intentions for the Week



Feb 17, Saturday after Ash Wednesday

12:05 Dennis Kilpatrick
5:15 Francis Toczylowski

Feb 18, First Sunday of Lent

8:00 Pro Populo-
For the People of the Parish
9:30 Dora D. Miglionico
11:00 Intention of Ralph Berarducci
12:30 Marilyn y Ernesto Davila
6:30 Pro Populo- For the People

Feb 19, Monday, Lenten Weekday

7:15 Carmela Pomponio
12:05 Berardino C. Rossi

Feb 20, Tuesday, Lenten Weekday

7:15 Intention of Ralph Berarducci
12:05 Johan J. Bollendorf

Feb 21, Wednesday, Lenten Weekday, St. Peter Damian, Bishop & Doctor of the Church

7:15 James J. O'Shaughnessy
12:05 John J. Bollendorf

Feb 22, Thursday, The Chair of St. Peter the Apostle

7:15 Diana R. Audino
12:05 Joe Montgomery

Feb 23, Friday, Lenten Weekday, St. Polycarp, Bishop & Martyr

7:15 John F. Cagnina
12:05 Michael Stewart

Feb 24, Saturday, Lenten Weekday

12:05 Mike O'Meara
5:15 Veronica Wagner

Feb 25, Second Sunday of Lent

8:00 Pro Populo-For the People of the Parish
9:30 Vera Bailey
11:00 James F. Smith, Jr.
12:30 Manuel Delgado
6:30 Pro Populo

Dear Parishioners,

This is the First Sunday of Lent! We hear in the Gospel this Sunday how Jesus counters the devil and overcomes his tempting power. This message on the First Sunday of Lent encourages all of us who have just recently begun our Lenten journey to persevere in our resolution to turn away from sin and to be even more faithful to the Gospel. Jesus is ever present to us to give us the grace and strength to do this and turn away from any temptations that come our way. As we follow our own personal path of renewal during Lent, we need to be aware that Lent belongs to the whole Church, and together we advance to the new life of Easter. Therefore we should support and encourage one another –spouses, parents, children, friends and neighbors– to keep a good Lent through almsgiving, prayer and fasting!

It is not too early in Lent to go to Confession for this holy season. In addition to the regular times for the celebration of Sacrament of Penance and Reconciliation here at the Cathedral Basilica, there is an additional time on Sunday mornings. The schedule for Confessions is:

On Sundays at 9:00 AM (Basilica), 10:30 AM (Basilica),
12:00 Noon *in Spanish* (Chapel) and 5:30 PM (Basilica)
On Weekdays at 11:30 AM (Basilica) and on Saturdays at 4:15 PM
(Basilica)

Our beautiful Cathedral Church received the honorary title of a minor Basilica from Blessed Pope Paul VI in 1976. This honor was bestowed upon our Cathedral following the 41st International Eucharistic Congress hosted by Cardinal Krol and the Archdiocese of Philadelphia. When a church is honored in such a way it becomes uniquely associated with the Holy Father and especially his office of presiding over the Church from the *cathedra*, the chair, of Saint Peter. For this reason the Feast of the Chair of Saint Peter takes on a special significance in the Basilica. For this reason the annual Feast of the Chair of Saint Peter on Thursday, February 22, the Mass at 12:05 PM will be celebrated in the Basilica itself instead of in the Cathedral Chapel. You may choose this day to obtain a Plenary Indulgence by participating in this Mass and observing the usual conditions (sacramental Confession, reception of Holy Communion and prayer for the intention of the Holy Father). Saint Peter, pray for us to be worthy of the honor given to us!

The second collection at Mass next Sunday *will be directed to the national collection for the Church in Africa.* Thank you so very much for all of your goodness and generosity to the Cathedral Parish in so many ways and to the annual Catholic Charities Appeal.

God bless you,
Father Dennis Gill

FIRST FRIDAY EXPOSITION OF THE MOST BLESSED SACRAMENT

Adoración Eucarística el primer viernes del mes

Friday, March 2, 2018

11:00 AM to 12:00 PM

Cathedral Chapel

The Most Blessed Sacrament will be exposed for adoration before the 12:05 PM Mass.

Please come to adore the Lord!

The Sacrament of Penance will be available on the First Friday of each month, beginning at 11 AM

El Santísimo Sacramento será expuesto para adoración antes de la Misa de las 12:05 pm el primer viernes de cada mes a partir de las 11:00 am en la Capilla de la Catedral. Confesiones en inglés a las 11am. Por favor ven a adorar al Señor

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation"

"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood."

St. Angela of Foligno



Communion for the Sick

The priests of the Cathedral of SS. Peter and Paul are anxious to serve the spiritual needs of their Catholic brothers and sisters who live in Residences such as **Atria, Kennedy House, Penn Center House, Riverside Presbyterian, Watermark, Spring Garden Towers, and anyone else who may be confined to their homes**. Therefore, if you are aware of anyone who would like a priest to visit and administer the Sacrament of Penance, the Sacrament of the Sick, and Holy Communion, please let us know. There is no better way that we can emulate Jesus Christ than by sharing his love with all whom he places in our paths, especially the sick and the aged who long for his healing presence.

Please pass the above requested information on to us by calling the **Parish Office at 215-561-1313**. Be assured of the love, concern, and prayers of your priests at the Cathedral, and in your goodness, pray for us that we may always be channels of Christ's love and peace to others. God bless you always and in all ways.

CATECHETICAL SESSION FOR ADULTS NEXT WEEK

*Jesus Brings Sinners Back to the Father:
Reconciliation*

Thursday, February 22, 7:00 PM

Meeting in the Neumann Room

The weekly catechetical session is primarily for the adults among us who are preparing to receive the Easter Sacraments. However, anyone interested in the topic for better understanding and faith formation is most welcome to attend. Anyone, especially our parishioners, seeking more information on the reception of the Sacraments or assisting as a sponsor, please call the Religious Education Ministry line, 267-570-0074. <http://www.cathedralre.org/>

RELIGIOUS EDUCATION MINISTRY

All program schedules, registration and e-tuition payment options have been posted on our new website. You may register, or contact us with questions, via the website, phone, text, or email. All Cathedral Catechetical Programs are in English, (with Spanish speaking supports as needed). Volunteers needed, (necessary training, certifications and support will be provided). Phone: **267.570.0074** (text messages acceptable). Website <http://www.cathedralre.org/>
Coordinator Email: pattv.smith@CathedralRE.org
To speak with a representative in Spanish, contact Nora Martin in the Parish Office, (215)561-1313.

Readings for Mass for this Week

Please see the website of the United States Conference of Catholic Bishops: usccb.org/bible/readings

PARISH FINANCIAL SUPPORT

The Financial Support of the Cathedral Parish is the duty of our parishioners. Here at the Cathedral Parish we are greatly supported as well by our many visitors. If you only put \$1 in the collection would you consider \$5, if you put \$10, would you consider \$20? The Offertory Collection for 02/11/2018 was \$5,980.00.

Thank you very much for your generous financial support.

Please remember these parishioners and friends of the Cathedral Parish in your prayers/ Ora por los enfermos:

Sam O'Connor, Robert Sierko, Santiago Guzman, Mary W., Joan Decker, James Pinto, Mary Frances McElhare, Joan Decker, George Gunning, April DeMatto, Laura Kerr, Cris Burbage, Robin Abate, Bryan Anderson, Glen Jackanis, Susan Silverstein, Joshua White, Susan Kirk, Robert Dove, Doreen Quinn, John Zelez, Charlotte McLaughlin, Philip Costantini, David O'Shea, Mary McManus, Christopher & Stephanie Tama, Marilyn Mullen, Carolyn Jacobs, Stephen Garramone, Kim Cantwell, Janet Campellone, Nancy Rice, Frank Byrne, Gerald Leo, Eileen Swartz, Dan Moyer, Rose Johnston, William Zawacki, Carla McCollaum, David Hernandez, Edward Panek, Irene McCarthy, Paige Bednarsky, Patrick DiGiovanni, Patricia Capone, Rosemary Lovett, Grace Teti, Nick Capozio, Darcel Burney, Fred Hankinson, Renee Kenny, Thomas J. Kenny, Stacey Smit, Anadelia Cacique, Alis de Pachecho, JoAnn Stein, Francis Pham, William Spiro, Scott Towers, and those in nursing homes or hospitals and all the sick.. Please call the Parish Office with the name of anyone who is sick, to be included in our prayer list. Por favor llamar a la oficina parroquial para añadir a la lista los nombres de personas que estén enfermas.

What's Happening at the Parish Outside the Liturgical Schedule

- Feb 20** Lenten Gospel Reflection, Neumann Room, 11 AM
Legion of Mary, Neumann Room, 7 PM
- Feb 21** Morning Scripture Reflection for Lawyers,
Neumann Room, 8 AM
Charismatic Prayer Group, Neumann Room, 6 PM
- Feb 22** Catholic Schoolhouse, Neumann Room 8:30 AM
Catechetical Session, Neumann Room, 7 PM
- Feb 23** YA Bible Study, Neumann Room, 6:30 PM

CUARESMA, Tiempo de Conversión

Celebración de la Santísima Virgen

Domingo, 18 de febrero a la 1:30 PM

Durante la Misa de español de las 12:30 PM estaremos celebrando a la Santísima Virgen en dos de sus advocaciones: Nuestra Señora de la Altagracia, patrona de la Rep. Dominicana y Nuestra Señora de Suyapa, patrona de Honduras. Al terminar la Misa, todos los feligreses están invitados a un compartir en el salón de la Capilla.

Oración, mortificación y caridad:

Las tres grandes prácticas cuaresmales

La oración es la condición indispensable para el encuentro con Dios. En la oración, el cristiano ingresa en el diálogo íntimo con el Señor, deja que la gracia entre en su corazón y, como la Virgen María, se abre a la acción del Espíritu Santo dando una respuesta libre y generosa (ver Lc 1,38).

La mortificación se realiza cotidianamente y sin necesidad de hacer grandes sacrificios. Con ella se ofrece a Cristo aquellos momentos que generan molestias y se acepta con humildad y alegría las adversidades.

De la misma manera, saber renunciar a ciertas cosas legítimas ayuda a vivir el desapego y el desprendimiento. Dentro de esta práctica cuaresmal están el ayuno y la abstinencia que será explicadas más adelante.

La caridad es necesaria como refiere San León Magno: "si deseamos llegar a la Pascua santificados en nuestro ser, debemos poner un interés especialísimo en la adquisición de esta virtud, que contiene en sí a las demás y cubre multitud de pecados".

El ayuno y la abstinencia

El ayuno consiste en ingerir una sola comida "fuerte" al día, mientras que la abstinencia consiste en no comer carne. Con ambos sacrificios se reconoce la necesidad de hacer obras por el bien de la Iglesia y en reparación de nuestros pecados.

Además, en esta práctica se incluye dejar de lado las necesidades terrenales para redescubrir la necesidad de la vida del cielo. "No solo de pan vive el hombre, sino de toda palabra que sale de la boca de Dios" (Mt 4,4).

El ayuno no prohíbe tomar un poco de alimento por la mañana y por la noche. Es obligatorio desde los 18 hasta los 59 años.

En el caso de la abstinencia, si bien se refiere a no comer carnes, no impide el consumo de huevos, lácteos y cualquier condimento con grasa animal. La abstinencia se observa todos los viernes del año y es obligatoria desde los 14 años.

LA CORRESPONSABILIDAD

LIMPIEZA GENERAL

"La Cuaresma de nuevo" pudiéramos decir con un suspiro. ¿A qué pudiéramos renunciar este año? Pero si pensamos sólo en privarnos de algo nos equivocamos del todo. La Cuaresma es tiempo de una limpieza general espiritual en preparación para la Pascua. La Iglesia recomienda tres cosas para este tiempo: ayuno, oración y limosna. El propósito de estas prácticas es ayudarnos a simplificar nuestra vida, volver nuestro corazón más íntimamente a Dios y desarrollarnos y crecer como discípulos de Jesús. Ayunar no solamente es comer menos, también pudiera significar comer alimentos más saludables. Asimismo podemos ayunar de comportamientos que dañen a los demás, tales como el chisme, el rencor, la inmoralidad sexual, el mal uso del alcohol, las drogas o fumar. Aumentar o profundizar la oración durante la Cuaresma no es sólo decir más oraciones. Si tienes el hábito de rezar trata un estilo diferente de oración: ora con un salmo, trata una devoción nueva o siéntate silenciosamente en la presencia de Dios. Añade a tu día la oración de la mañana y la tarde, reza con tu familia, presta más atención en la Misa. La Cuaresma ha sido tradicionalmente un tiempo de ayudar a los pobres y hacer actos de caridad u obras de misericordia. Aunque se supone que hagamos esto durante todo el año, la Cuaresma es un buen momento para empezar o poner más empeño en nuestras buenas acciones. La limosna se puede dar de más maneras que dándola a las personas en la calle. Puede hacerse ayudando a la familia, amistades, vecinos que andan en situaciones difíciles o siendo más generosos con nuestros empleados. Si estás en condiciones de poder dar dinero en estos momentos, aumenta lo que le das a tu parroquia y a otras organizaciones caritativas como la Sociedad de San Vicente de Paúl, *Catholic Relief Services* o Caridades Católicas.

La Corresponsabilidad Vivida Ahora

"Observa ante Dios un ayuno así: no hagas maldad en tu vida y sirve al Señor con un corazón puro; observa sus mandamientos y anda en sus ordenanzas; y que ningún mal deseo se levante en tu corazón, sino cree en Dios".

—El autor anónimo de El Pastor de Hermas, siglo II, A.D.

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♦ Vigilia por la Vida ♦

Viernes 23 de febrero de 8:00AM a 5:00PM

Frente al centro abortista *Philadelphia Women's Center*, 777 Apple (8th & Arch) y **viernes 23 de marzo de 8:00AM a 5:00 PM** frente a Planned Parenthood en la 12th y Locust St. **Para registrarse para orar por una hora por favor llame a Nora a la oficina parroquial al 215-561-1313 o envíe un correo electrónico a info@cathedralphila.org. Dios le bendiga!**

Recursos adicionales sobre la cuaresma

Aciprensa: www.aciprensa.com/recursos/cuaresma-tiempo-de-conversion-1919

FORMED.ORG (Parish code, **07854f**)

- **A Lent to Remember: Forgiven** -Rediscover the freedom of heart that Christ is offering you through Confession! Forgiven: The Transforming Power of Confession. www.FORMED.org
- **Sign up to receive daily Lenten reflections**
formed.org/promo/len-2018

More Time for Prayer

Do not forget your prayers. These may be short as you wish if you find long prayers too hard, but do not forget them. Even a sign can be a prayer. Meditation is never to be omitted. It may be brief if it cannot be longer, but it must be alert, intelligent and tranquil. The time I give to active work must be in proportion to what I give to the work of God, that is, to prayer. I need prayer to give character to my life. So I must give more time to meditation, and stray longer in the Lord's company, sometimes reading or saying my prayers aloud or just keep silent. I want an inner life spent in the search for God in myself and for close union with him.

—Pope St. John XXIII.
Journal of a Soul.

What will most help me find more time for prayer this Lent?

Change Your Life

When Jesus said, "Repent," to his first disciples, he was calling for them to change the direction in which they were looking for happiness. "Repent" is an invitation to grow up and become a fully mature human being who integrates the biological needs with the rational level of consciousness. The rational level of consciousness is the door that swings into higher states— the intuitive and unitive levels of consciousness. They open us to the experience of God's presence, which restores the sense of happiness. We can then take possession of everything that was good in our early life while leaving the distortions behind.

—Thomas Keating,
The Daily Reader for Contemplative Living

(Reflection source: All Saints Press "Draw near to God")



YOUNG ADULT GROUP

Upcoming Events

Join us for YA Bible Study! Our first meeting will be on **Friday, February 23, 2018, 6:30 to 8:00 PM.** Location: **The Neumann Room (located behind the Basilica next to Our Lady of the Apostles Garden).**

If you are interested in the Young Adults of the Cathedral Parish as well as receiving the most up-to-date information on our group's events please e-mail us at youngadults.cathedral@gmail.com or search for our Facebook page (search: Young Adults at the Cathedral).

CATHEDRAL PARISH PRAYER VIGILS

40 Days for Life



February 23 & March 23

Will you give one hour of your day this Lent to be the hands and feet of Jesus on the sidewalk in front of one of these abortion centers?

We can assist women and men peacefully and prayerfully by interceding and offering them the hope and help they need in a critical time.

The Cathedral Parish will lead prayer vigils in front of **Philadelphia Women's Center, 777 Apple (8th & Arch) on Fri. February 23, from 8:00 AM to 5:00 PM** and on **Fri. March 23, from 8:00 AM to 5:00 PM** at **Planned Parenthood on 12th and Locust.**

To sign up for a 1 hour prayer vigil shift please contact Nora at the Parish Office:

info@cathedralphila.org or 215-561-1313. To learn more about this peaceful movement visit <https://40daysforlife.com/>.

Lenten Gospel Reflections



We are called to prayer during these 40 days, so do consider one hour each Tuesday, from **11:00 AM to 12:00 noon** and join us. The dates we will meet are: **February 20, 27; March 6, 13, 20 and 27th.** These times of reflection and prayer are devoted to the coming Sunday Gospel, beginning with St. Mark 9: 2-10, for the 2nd Sunday of Lent. Here Jesus invites us to reflect on His Transfiguration: we are called by God to: **LISTEN TO HIM.**

If you are in need of a book of Sunday readings for this year, we have one for you for \$10.

Please come to the Neumann Room and bring a friend. Kindly call Sister Eleanor McCann ahead at 215-561-1313, so that we can prepare our meeting space.

OTHER EVENTS OF INTEREST

Lenten Mission: HIS PASSION IS FOR YOU!

Wednesdays in Lent beginning Feb. 21 at 7:00 PM

Lent begins on Feb. 14, Valentine's Day. Ash Wednesday and Valentines are two days we don't typically put together. It may be providential that the day of Love falls on the first day of Lent. Lent is not just a time of sacrifice and giving up things, it is a time to open wide our hearts and mind to the incredible love of God and the passion of Jesus Whose Passion is for YOU! To find out more, come and see international speaker, Bill Donaghy present His Passion is for YOU on Wednesday nights from 7 - 8:15 pm. Feb. 21, Feb. 28, Mar 7, Mar 14 and Mar. 21. Confessions available from 8:15 - 9 pm on Feb. 28, Mar 7, and Mar 14. Come one night or all five! For more information go to www.simonandjude.org and click on Lent.

We Thirst: Lessons in Mercy, Christian Reflections on Addiction

February 21, 28, Mar 14, 21, 2018 (4 Wednesdays)

You are invited to this educational and inspirational four-week series on the epidemic of addiction within the context of the Christian community. This unique series is designed to not only to educate and to raise awareness, but also to offer hope and support, foster mercy, faith, and love and to encourage transformative action. The program is intended for everyone in the community. Each week examines one aspect of the bio-psycho-social-spiritual model of addiction. Location: St. Margaret's Church, 208 North Narberth Ave., Narberth, Pa 19072. Speaker: Nina Marie Corona MA CRS
More info: www.ninamariecorona.com

Archbishop's Lecture Series

Monday, February 26, 2018, 7pm

Speaker: Archbishop Wm. Michael Mulvey

Topic: "Christians and Muslims: Love Creates a Dialogue Between Friends." Location: St. Charles Seminary, Vianney Auditorium, Wynnwood, PA.

More info: More information coming soon at scs.edu

Man - Up Spirituality Conference

"Christ Crucified - the Power and Wisdom of God"

March 3, 2018 7:30 AM- 4:30 PM

This year, we celebrate the 10th Annual Man Up Spirituality Conference in the Archdiocese. The conference provides an opportunity for men to come together in true Christian brotherhood and to hear inspirational talks from fellow men on the journey of faith. The day, which will include time for Adoration and the Sacrament of Reconciliation, will conclude with Mass. Location: Mirenda Center at Neumann University, Aston PA. Speakers include: Jim Towey, Don Saleski, Mark Forrest, former Eagle Seth Joyner and Brian Gail. To learn more: Visit the website: www.manupphilly.com

Cathedral Choir

Please visit our Cathedral website for information on our Choir Masses visit <http://cathedralphila.org/music/choirs-at-the-cathedral-basilica/>.

LIVING STEWARDSHIP NOW

CLEAN SWEEP

Lent again, we may say with a sigh. What shall we give up this year? If we think only of depriving ourselves, however, we miss the point. Lent is a time for spiritual spring cleaning in preparation for Easter. The Church recommends three things for this season: fasting, prayer, and almsgiving. The purpose of these practices is to help us simplify our lives, to convert our hearts more closely to God, and to grow and develop as disciples of Jesus. Fasting may not only mean eating less, it could mean eating healthier foods. We can also fast from behaviors that damage others and ourselves, such as gossiping and anger, sexual immorality, misuse of alcohol and drugs, or smoking. Increasing or deepening our prayer during Lent is not just a matter of saying more prayers. If you are in the habit of prayer, try a different style of prayer: pray a psalm, try a new devotion, or silently sit in God's presence. Add morning and evening prayer to your day, pray with your family, be more mindful during Mass. Lent has been a traditional time of helping the poor and doing acts of charity and mercy. While we are supposed to be doing this year-round, Lent is a good time get involved and put ourselves to work. Giving alms can be done in more ways than just giving out money to people on the street. It can be done by helping family, friends, and neighbors out of tight situations or being more generous to employees. If you are able to give money at this time, increase what you give to your parish and to some of the many worthy charities such as the Saint Vincent de Paul Society, Catholic Relief Services, or Catholic Charities.

Living Stewardship Now

"Here is the fast you must keep for God: do not commit any wicked deed in your life and serve the Lord with a pure heart; keep his commandments by walking according to his directions and do not let any evil desire enter your heart; have faith in God." —*The anonymous author of The Shepherd of Hermas, 2nd century A.D.*

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Tours of the Cathedral Basilica



A guided tour of the Basilica is available **after the 11:00 AM Sunday Mass**. Please gather in front of the Side Altar of the Sacred Heart, which is located to the right of the Main Sanctuary.