Twenty-Second Sunday in Ordinary Time

August 28, 2016

"Take my yoke upon you, says the Lord,
and learn from me, for I am meek and humble of heart"
- Mt 11:29AB

Mass Intentions for the Week

Aug. 27, Saturday, St. Monica
12:05 Richard and Veronica Ennis
5:15 Roz Cirino

Aug. 28, Twenty-Second Sunday in Ordinary Time
8:00 Pro Populo - For the People of the Parish
9:30 Deceased Members of the League of the Sacred Heart
11:00 Roberta Christine Catanzaro
12:30 Luis E. Tellado
6:30 Pro Populo - For the People

Aug. 29, Monday, The Passion of St. John the Baptist
7:15 Patrick S. Pasquariello Jr.
12:05 Dolores T. Lafferty

Aug. 30, Tuesday, Weekday
7:15 Teresa Vizza
12:05 John Decker

Aug. 31, Wednesday, Weekday
7:15 Jay and Al Thompson
12:05 William Giampalmi

Sept. 1, Thursday, Weekday
7:15 Jay and Al Thompson
12:05 William Elliot

Sept. 2, First Friday, Weekday
7:15 Angela Burke
12:05 Angela Burke

Sept. 3, First Saturday, St. Gregory the Great, Pope and Doctor of the Church
12:05 Deceased friends in the United States
5:15 Essie Mae Rubin

Sept. 4, Twenty-Third Sunday in Ordinary Time
8:00 Pro Populo - For the People of the Parish
9:30 Agnes Mc Morris
11:00 Luigi Ranalli and Family
12:30 Tomasa Lazaro
6:30 Pro Populo - For the People

Dear Parishioners,

The summer does pass quickly! We probably say this about every season. This is all the more reason to discipline ourselves to take time out of our busy days and weeks to pray, to find periods for recollection and reflection. Psalm 46, verse 11, "Be still and know that I am God!" provides some good advice for the contemporary Christian. Our encounter with God—and on a daily basis—bears much fruit when we are free from the distractions that typically fill our minds and hearts. I encourage you to find this stillness before or after Mass and certainly during Mass, when your day begins and ends, and most of all when you are feeling overwhelmed and in need of the reassuring presence of God. Punctuating our days and weeks with prayer keeps us anchored in Lord's peace and gives us the grace to live consciously our Christian lives.

Our adult catechumens and candidates in preparation for the Easter Sacraments will be making use of a new catechetical guide that I would like to recommend to everyone. Franciscan Father Leonard Foley's, *Believing in Jesus*, is now in its sixth edition and offers a popular overview of the Catholic Faith. We can all learn more about the Faith and just not settle for what we remember from our Catholic School or Religious Education classes. *Believing in Jesus*—easily available from Amazon—engages the reader with a very accessible style to understand the reasonableness and beauty of what we believe and to make our own what the Church teaches. Also, the Thursday evening catechetical sessions for our parish catechumens and candidates that are announced each week in the Parish Bulletin are open to all our parishioners, especially if it is a topic of interest.

This Thursday, September 1, 2016, marks the second annual World Day of Prayer for the Care of Creation. Pope Francis established this observance last September following a similar observance in the Eastern Church. The created world points to the majesty and providence of Almighty God and how he has entrusted to us stewardship over all the earth. We do not have to look too far to see how creation in every form suffers from neglect and abuse of all types. As we pray for the care of creation, it prompts us to action and reminds of us that our primary care must be directed to the crown of creation, human life, from the first moment of conception until natural death. Please join this intention to your personal prayers this coming Thursday.

The second collection at Mass next Sunday *will be directed to the care of the poor and the homeless in the Cathedral Parish neighborhood.* Thank you so very much for all of your goodness and generosity to the Cathedral Parish in so many ways and to the Catholic Charities Appeal.

God bless you,
Father Dennis Gill

FIRST FRIDAY EXPOSITION OF THE MOST BLESSED SACRAMENT

Adoración Eucarística el primer viernes del mes

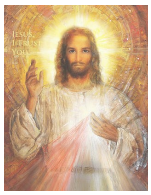
Friday, September 2, 2016
11:00 AM to 12:00 PM
Cathedral Chapel

The Most Blessed Sacrament will be exposed for adoration before the 12:05 PM Mass.
Please come to adore the Lord!
The Sacrament of Penance will be available on the First Friday of each month, beginning at 11 am

El Santísimo Sacramento será expuesto para adoración antes de la Misa de las 12:05 pm el primer viernes de cada mes a partir de las 11:00 am en la Capilla de la Catedral. Confesiones en ingles a las 11am. Por favor ven a adorar al Señor

"Do you realize that Jesus is there in the tabernacle expressly for you - for you alone?" - St. Thérèse of Lisieux

HOLY DOOR OF MERCY / LA PUERTA SANTA



The Holy Door in the Cathedral Basilica is Open / *Está abierta*

Weekdays/*Lu-Vi* 11:00 AM - 5:00 PM
Saturdays/*Sa* 9:00 AM - 6:30 PM
Sundays/*Do* 7:00 AM - 8:00 PM

To learn more, visit / *para mayor información visite*:
cathedralphila.org/mercy/ & archphila.org/mercy/liturgy

CONTRIBUTION ENVELOPES

Dear parishioners, we kindly ask that you use the contribution-envelopes that are mailed to your home. If for some reason you must make use of a different envelope, please be sure to include on it your parish data base identification number (which can be found on your regular contribution-envelopes). Only those offerings which are properly labeled can be reflected in your annual statement declaring tax deductible contributions to the parish.

If you have moved, or are not receiving contribution-envelops, or if you have any questions please contact the Parish Office at 215-561-1313. Thank you.

The Sanctuary Lamp Candle burns this week in the Cathedral Basilica
For: A Special Intention

The Sanctuary Lamp Candle burns this week in the Cathedral Chapel
For: Lanie Lyons

♦ ♦ ♦ ♦ ♦ ♦ ♦ ♦

Donations are accepted for intentions for the Sanctuary Lamp in the Basilica and the Cathedral Chapel. This candle burns perpetually as a reminder that Jesus is truly and really present in the tabernacle. If you wish to make the suggested donation of fifteen dollars for an intention for a Sanctuary Lamp, you may contact the Parish Office directly or place your intention and offering in the collection basket.

Readings for Mass for this Week

Please see the website of the United States Conference of Catholic Bishops. **usccb.org/bible/readings**

Las lecturas de la semana están disponibles en el enlace de arriba

PARISH FINANCIAL SUPPORT

The Financial Support of the Cathedral Parish is the duty of our parishioners. Here at the Cathedral Parish we are greatly supported as well by our many visitors.

The Offertory Collection for Sunday, 8/21/16 was $6,638.50. This generosity demonstrates the support, interest and encouragement of so many for the ministry and service of the Cathedral Parish to carry out the work of the Gospel.

Thank you very much for your generous financial support.

MASS FOR OUR PARISH STUDENTS AS THEY GO BACK TO SCHOOL

All school students and their families are invited to celebrate the Holy Eucharist and receive a special blessing for the new school year. Plan now to attend.

Invitamos a todos los estudiantes y sus familias a celebrar la Santa Eucaristía y recibir una bendición especial para el nuevo año escolar.

September 17, 2016
5:15 PM Anticipated Mass
in the Basilica

Please remember these parishioners and friends of the Cathedral Parish in your prayers/ Ora por los enfermos:

Stacey Smit, Joan Ozga, Anadelia Cacique, Alis de Pachecho, JoAnn Stein, Francis Pham, Ita Creavin, William Spiro, Scott Towers, James Duffin, Daniel Moyer Sr., Andrew Marconi, James Pinto, James Ross, Pearl Hammond, Loretta Braccili, Dorothy Tomassini, Pam Buccelli, Barbara Denny, Charlotte McLaughlin, Amberlyn Boland, Wendy Cornel, Michelle, Oscar Rodriguez, Enrique Rodriguez, Linda Watson, Randy Burbage, Rosa Maria Santos, Amy Fife, Theodore Barry, M.D., Marissa Kostrzewa, David Kaplan, Marilyn Mullen, Kathleen Aponik, April DeMatto, Paula Cohen, Janice Holshin, Lauri Mitchell, Maryann Healy, Darren Gardner, Barbara Elaine, Nicholas Tiziano, Christopher Browne, Darren Gardner, Laura Emerson, Regina Carberry, Patrisha Bollinger, Anna Marie Burgio, and *those in nursing homes or hospitals and all the sick..* ***Please call the Parish Office with the name of anyone who is sick, to be included in our prayer list/*** *Por favor llamar a la oficina parroquial para añadir a la lista los nombres de personas que estén enfermas.*

What's Happening at the Parish Outside the Liturgical Schedule

August 30 Augustine's Brothers
Prayer and Support group for Men,
Neumann Room, 7:00 PM

August 31 Charismatic Prayer Group
Neumann Room, 6:00 PM

VIVIENDO LA CORRESPONSABILIDAD

Verdaderos Ganadores

No tienes que hacer esta pequeña prueba. Sólo léela, pero sin mirar las respuestas. Menciona:

1. Las cinco personas más ricas del mundo.
2. Los últimos cinco ganadores del trofeo Heisman.
3. Las cinco últimas ganadoras del concurso de Miss América.
4. Los últimos cinco ganadores del Premio Nobel o del Premio Pulitzer.
5. Los últimos cinco ganadores de "Óscares" por mejores actores o actrices.
6. Los ganadores de la Serie Mundial durante la última década.

¿Cómo te fue? El caso es que ninguno de nosotros se acuerda de los que hicieron noticia en el pasado, pues el aplauso, los premios y los logros se olvidan. Aquí tienes otra prueba. Menciona los siguientes:

1. Los cuatro maestros que más te ayudaron durante tus tiempos escolares.
2. Tres amigos que te ayudaron durante un tiempo difícil.
3. Cuatro personas que te han enseñado algo que vale la pena.
4. Seis personas que te han hecho sentir amado y apreciado.
5. Cinco personas que les gusta pasar tiempo contigo.
6. Seis santos o santas, héroes o heroínas que te han inspirado.

¿Fue más fácil? Las personas que marcan una diferencia en nuestra vida son las que nos demuestran su cariño. Sus acciones pesan tanto como sus palabras.

La Corresponsabilidad Vivida Ahora

¡Practica la reciprocidad generalizada! Ayuda a aquellas personas a quienes les es imposible pagarte tus favores.

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Alcohólicos Anónimos

Ma y Ju 8:00 a 10:00 PM / Vi y Do 7:00 a 9:00 PM

Grúpo Feliz Amanecer, Iglesia San Jose.
16 South Spring Garden St., Ambler, PA.

Si necesita ayúda favor llamar al
(215)500-5215 • (267)407-3561 • (267)210-4959

¡Año del Jubileo de la Misericordia

Reflexión para Septiembre

Perdonando a otros

Sin lugar a dudas nos regocijamos en nuestra creencia de que Dios es «rico en misericordia» (Ef 2:4). Nos gusta meditar sobre la sabiduría de los santos por ejemplo la de san Francisco de Asís: «…que los que se acerquen a ti encuentren ojos de misericordia…», y en la popular cita: «Perdonar es liberar a un prisionero y descubrir que el prisionero eras tú» por L. Smedes. Luego viene el momento cuando debemos ejercitar nuestros músculos espirituales y realmente perdonar. ¡Huy! ¡Primero tenemos que enfrentar ese revoltijo de emociones, la mezcla de tristeza y enojo que nos sitúa de lleno en un estado de falta de perdón! Y luego necesitamos sumergirnos en el proceso de perdonar de maneras específicas.

A la luz de este Año de la Misericordia es fascinante notar cuando Jesús dice, «amen a sus enemigos», él sigue inmediatamente con, «háganles el bien», para que no perdamos el punto. «Hacer el bien» significa ver más allá del dolor suyo y del mal causado a la humanidad de ellos. Significa verlos como hijos de Dios y entender que hay algo torcido dentro (pecado) que está relacionado con lo que hacen. «Hacer el bien» significa que usted promueve y desea su recuperación a pesar de la manera en que lo han tratado; que usted da el primer paso; que usted envía el correo electrónico, hace la llamada telefónica, hace el contacto; que usted cierra la brecha al «orar por ellos» y pedirle a Dios que los bendiga. He aquí un pequeño ejercicio de perdón: ¡Qué el SEÑOR te bendiga y te guarde, (nombre del enemigo)! ¡Qué el SEÑOR haga resplandecer su rostro sobre ti, ___! ¡Qué el SEÑOR te mire con buenos ojos, _____, y te dé paz! (Núm 6:24-26). -Hna. J. Sheila Galligan, IHM, profesora de teología, *Immaculata University*

Cómo vivirlo

Pase algún tiempo en oración, si es posible frente al Santísimo Sacramento y pídale al Señor que traiga a su mente a las personas que necesita perdonar. Escriba los nombres y rece la oración anterior para perdonar a cada persona. Repita este ejercicio de oración regularmente hasta que ya no lo necesite. (Recuerde que el perdón es un acto de la voluntad y podemos perdonar aunque todavía nos *sintamos* enojados). Tome nota de cómo el acto del perdón ilumina su corazón con el paso del tiempo.

Cita de Tradición Católica

"¡Cómo es difícil muchas veces perdonar! Y, sin embargo, el perdón es el instrumento puesto en nuestras frágiles manos para alcanzar la serenidad del corazón. Dejar caer el rencor, la rabia, la violencia y la venganza son condiciones necesarias para vivir felices". Mensaje del papa Francisco para la XXXI Jornada Mundial de la Juventud 2016.

"El perdón es una fuerza que resucita a una vida nueva e infunde el valor para mirar el futuro con esperanza". Bula Misericordiae Vultus, n.10

Lctura recomendada para el mes: La Alegría del Perdón, Fr. P. Ángel Peña. **archphila.org/mercy**

JUBILEE YEAR OF MERCY
September Reflection : Forgiving Others

Without doubt we rejoice in our belief that God is "rich in mercy" (Eph 2:4). We like to meditate on the wisdom of the saints such as St. Francis of Assisi's "Let all who approach you meet the eyes of mercy," and on popular quotes such as "To forgive is to set a prisoner free and discover that the prisoner was you" by L. Smedes. Then comes the moment when we must exercise our spiritual muscles and actually forgive. Yikes! First we have to face that jumble of emotions, the blend of sad and mad that places us squarely in a state of unforgiveness! Then we need to plunge into the process of forgiving in specific ways.

In light of this Year of Mercy it is fascinating to note when Jesus says, "Love your enemies," he follows it immediately by saying, "Do good to them," so that we won't miss the point. "Doing good" means seeing beyond your pain and their wrongdoing to their humanity. It means seeing them as children of God and understanding that there is something twisted inside (sin) that is linked with what they do. "Doing good" means that you promote and desire their healing despite the way they have treated you. You make the first move. You send the e-mail, pick up the phone, make the contact. You bridge the gap as you "pray it forward" and ask God to bless them. Here's a little forgiveness exercise: May the LORD bless you and keep you, (name the enemy). May the LORD let His face shine on you, _____. May the LORD look upon you kindly, _____, and give you peace (Num 6:22-26) -Sr. J. Sheila Galligan, IHM, Prof. of Theology, Immaculata University

How to Live It

Spend some time in prayer, if possible in front of the Blessed Sacrament, and ask the Lord to bring to mind the people whom you need to forgive. Write down the names and use the prayer above to forgive each person. Repeat this prayer exercise regularly until you no longer need to. (Remember that forgiveness is an act of the will and we can forgive even if we still *feel* angry.) Take note of how the work of forgiveness lightens your heart over time.

Quote from Catholic Tradition:

"If I were to meet the slave-traders who kidnapped me and even those who tortured me, I would kneel and kiss their hands, for if that did not happen, I would not be a Christian and Religious today…" **–St. Josephine Bakhita**

"When the police asked an alcoholic man in one of our homes in Australia, who had been beaten up by another alcoholic man, for the name of the culprit, he refused to give it. When police went away, the Sisters asked him why he did not give the name of the man who had beaten him. He replied, 'His suffering is not going to make my suffering less!' He gave until it hurt. He forgave his brother."
–St. Teresa of Calcutta

To continue reflecting on this theme, consider one of these resources! **Recommended Book for the Month:** *Forgiveness: A Catholic Approach*, Fr. R. Scott Hurd
Lighthouse Catholic Media CD: *Anger and Forgiveness* by Deacon Dr. Bob **McDonald .** Source: archphila.org/mercy

YOUNG ADULT GROUP

Upcoming Events for the Young Adults at the Cathedral Parish

Friday Evening Bible Study: We are adjusting Bible Study back to **EVERY OTHER Friday evening from 7:00-8:30pm** in the Neumann Room (room entrance is from the outside on the backside of the church). Our group gathers to reflect on the readings and the Psalm for the upcoming Sunday. We look forward to having you join us. Our next Bible Study will take place on **September 16.**

If you are interested in the Young Adults of the Cathedral Parish as well as receiving the most up-to-date information on our group's events please e-mail youngadults.cathedral@gmail.com. Please search for our Facebook page (search: Young Adults at the Cathedral).

Jubilee Year of Mercy Rosary on the Feast of the Holy Rosary
~La Fiesta del Santo Rosario~

Friday, October 7, 2016 at 7:00 PM
Viernes, Octubre 7, 2016, 7:00 PM

Join hundreds of others at the Cathedral in the prayer of the Rosary on the Feast of the Holy Rosary. We will praying for the many needs of the world: an end to terrorism, an end to abortion and human trafficking, for God's will to be done during the 2016 elections, for the sanctification of the Church and an increase in holy vocations to the priesthood and consecrated life, for the sanctity and protection of married couples and families.

The Holy Rosary will be preceded by a Liturgy of the Word

Acompañanos a orar el Santo Rosario por las necesidades del mundo: para que acabe el terrorismo, el aborto, la trata de personas, por la santificación de la Iglesia, por un aumento en vocaciones santas al sacerdocio y a la vida consagrada, por la santidad y protección para las parejas y las familias.

We would like to see the Cathedral full, please spread the word as widely as possible!

Archdiocesan Mass of Thanksgiving for the Canonization of Mother Teresa of Calcutta
Misa Arquidiocesana en acción de gracias por la Canonización de la Madre Teresa de Calcuta

Sunday, September 11, 2016 - 12 Noon Mass

Celebrant: Bishop John McIntyre
Homilist: Fr. Shaun Mahoney

St. Teresa of Calcutta Parish
256 Swamp Pike Schwenksville, PA

More info: badmin@stteresacalcutta.com
610-287-2525 x 104

-4- 062 cathd

OTHER EVENTS OF INTEREST

Support Group for Divorced Catholics

Mondays starting September 12, 2016 - 7-8:30pm

This support group consists of a ten week program that brings healing and hope to divorced Catholics. The weekly DVD presentations, offered by expert counselors, author Rose Sweet, and others who have suffered through divorce, guide participants from pain and loneliness to hope and healing.

Location: St. Maria Goretti Parish Center, Lower Level, Hatfield, PA. **More info:** *Please register using the form that can be found on our parish website at www.stmariagoretti.net. Please mail form along with payment of $25.00.*

Support Group for Divorced Catholics

Tuesdays beginning September 13, 2016 - 7:30pm

Find comfort and counsel consistent with Catholic teachings. The Catholic's DIVORCE SURVIVAL Guide 12-week group begins with a free information night on September 13th at 7:30PM. **Location:** St. Pius X Parish, Broomall, PA.

More info: Call Mary Lou & Brandt Butler at 610-690-1699, mlpenn44@gmail.com or go to www.saintpius.net. Suggested donation of $35 includes a "Personal Survival Guide", refreshments and all materials for 12 weeks.

2016 Catholic Women's Conference!

"Mother of Mercy, Make Our Hearts Like Yours!"

Saturday, October 29, 8:30 AM-4 PM.

National Shrine of Our Lady of Czestochowa in Doylestown PA. Special conference features: Dynamic presentations in English, Spanish, American Sign Language and a track for young women in high school and college! * Deepen your faith through inspiring talks and connections with other Catholic women * Encounter God's tender mercy through Mass, Confession, Adoration and a Divine Mercy Prayer Service * Find rest and renewal on the peaceful grounds of the Shrine * Browse appealing exhibits for women * Pass through the Shrine's Holy Door of Mercy to receive a plenary indulgence for the Jubilee of Mercy. ***Register today! The conference is filling up quickly.***

More info & registration:catholicwomensconference.org

St. Andrew's Parish Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception

Washington, D.C.

Celebrating the 50th Anniversary of the Dedication of the Lithuanian Chapel. Sunday **October 9, 2016, Solemn Mass 2:00 PM. Participants in the Solemn Celebration:**

-Archbishop Lionginas Virbalas, S.J. from Kaunas, Lithuania.

-The combined thrilling sound of 4 choirs! Departure from St. Andrew's Church 9:00AM and from St. Casimir's Church: 9:15AM. More info: contact Ellie Jozefowski at 215-236-3660.

LIVING STEWARDSHIP NOW

True Winners

Versions of this little test have circled around the Internet for some time. You don't actually have to take the quiz. Just read straight through it, and you'll get the point. Without looking up any answers—no cheating—see if you can name the following:

1. The five wealthiest people in the world.
2. The last five Heisman trophy winners.
3. The last five winners of the Miss America contest.
4. Five Nobel or Pulitzer Prize winners.
5. The last five Academy Award winners for best actor and actress.
6. The last decade's World Series winners.

How did you do? Were you stumped in some or all of the categories? The point is, none of us remember all the headliners of yesterday. They are the best in their fields, but the applause dies, awards and medals tarnish, achievements are forgotten, and tributes and certificates are buried with their owners.

Here's another quiz. See how you do on this one. The answers for these questions are uniquely yours. List the following:

1. Four teachers who aided you most on your journey through school.
2. Three friends who helped you through a difficult time.
3. Four people who have taught you something worthwhile.
4. Six people who have made you feel loved and appreciated.
5. Five people you enjoy spending time with.
6. Six saints or heroes whose stories have inspired you.

Easier? Maybe once you got started you could list more people than the number asked for. This small exercise shows that the people who make a difference in our lives are not the ones with the most credentials, the most money, or the most awards. They are the ones who care about us and show it. Their actions speak louder than their words.

Living Stewardship Now

Pay it forward! Give to people in your life who cannot possibly return your good deeds.

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Tours of the Cathedral Basilica

A guided tour of the Basilica is available **after the 11:00 AM Sunday Mass**. Please gather in front of the Side Altar of the Sacred Heart, which is located to the right of the Main Sanctuary.