

Sung in Latin.

Hail, true Body, born of the Virgin Mary, who having truly suffered, was sacrificed on the cross for mankind, whose pierced side flowed with water and blood: May it be for us a foretaste of the Heavenly banquet in the trial of death.

O sweet Jesus, O holy Jesus, O Jesus, son of Mary, have mercy on me. Amen.

PRAYER *after* COMMUNION

CONCLUDING RITES

BLESSING AND DISMISSAL

RECESSIONAL LORD WHO THROUGHOUT THESE FORTY DAYS *St. Flavian*



1. Lord, who through - out these for - ty days, For
2. As you with Sa - tan did con - tend, And
3. As you did hun - ger and did thirst, So
4. And through these days of pen - i - tence, And



us did fast and pray, Teach us to o - ver -
did the vic - t'ry win, O give us strength in
teach us, gra - cious Lord, To die to self, and
through your Pas - sion - tide, For ev - er - more, in



come our sins, And close by you to stay.
you to fight, In you to con - quer sin.
so to live by your most ho - ly word.
life and death, O Lord! with us a - bide.

Text: Claudia F. Hernaman, 1838-1898, alt.
Tune: ST. FLAVIAN, CM; John's Day Psalter, 1562;

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LENT 2016

When it comes to practicing our faith, Lent is a time of heightened intensity. With Lent upon us, we offer these Lenten activities at the Cathedral. All the faithful are encouraged, when possible, to participate at Mass and to receive Holy Communion daily, to celebrate frequently the Sacrament of Penance, to undertake spiritual reading, especially the study of the Sacred Scriptures, and to participate in parish Lenten devotions as well as Lenten education programs. Adoration of the Blessed Sacrament is especially recommended.

DAILY MASSES- MONDAY THRU FRIDAY: 7:15 am and 12:05 pm
SATURDAY: 12:05 pm
SUNDAY MASS OF ANTICIPATION: SATURDAY, 5:15 pm
SUNDAY: 8:00 am, 9:30 am, 11 am, 12:30 pm (Spanish), 6:30 pm

WEEKLY CONFESSIONS

MONDAY THRU FRIDAY: 11:30 am
WEDNESDAY EVENINGS: 7:00 pm
SATURDAY: 4:15 pm
SUNDAY: 9:00 am, 10:30 am and 5:30 pm

All are encouraged to participate in Operation Rice Bowl which has aided countless hungry persons here in the Archdiocese as well as throughout our nation and world.

The bishops of the United States prescribe, as minimal obligation, that all persons who are fourteen years of age and older are bound to abstain from eating meat on Ash Wednesday, **FEBRUARY 10, 2016**, on all the Fridays of Lent and Good Friday. Further, all persons eighteen years of age and older, up to and including their fifty-ninth birthday, are bound to fast by limiting themselves to a single full meal on Ash Wednesday and on Good Friday, while the other two meals on those days are to be light.

ASH WEDNESDAY, FEBRUARY 10: Ashes will be distributed during the daily Masses: 7:15 am, 12:05 pm, 12:35 pm, 5:15 pm and 7:00 pm (Misa en español)

STATIONS of the CROSS: Fridays following 12:05 pm Mass in the Chapel
VIA CRUCIS: Viernes, 7:00 pm

PALM SUNDAY, MARCH 20: Palms distributed at all the Sunday Masses

HOLY THURSDAY, MARCH 24: Chrism Mass - 10:00 am, Mass of the Lord's Supper - 7:30 pm and adoration of the Blessed Sacrament until 11:00 pm

GOOD FRIDAY, MARCH 25: Meditations on the Passion of Christ - Noon to 3:00 pm
Confessions at 12:30 pm and Solemn Celebration of the Lord's Passion - 3:00 pm
Procesion con la Via Crucis, Las Siete Palabras - 7:00 pm

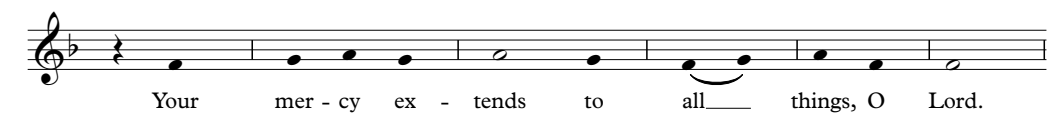
HOLY SATURDAY, MARCH 26: Vigil Mass - 8:00 pm

RESURRECTION of the LORD, MARCH 27: Masses -8:00 am, 9:30 am, 11:00 am, 12:30 pm (in English) and 2:00 pm (en español). **There will be no 6:30 pm Mass.**



INTRODUCTORY RITES

ENTRANCE YOUR MERCY EXTENDS TO ALL BRANDON MOTZ



Your mer - cy ex - tends to all things, O Lord.

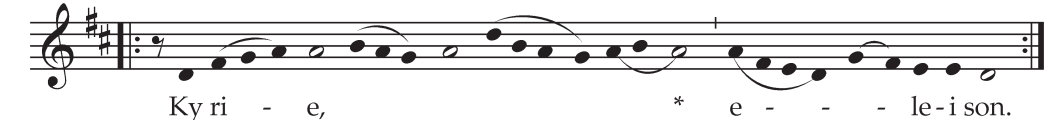


You ov - er - look the sins of men for the sake of re - pen-tance.

KYRIE

Chant

Cantor, then All



Ky ri - e, * e - - - le-i son.

Cantor, then All



Chri ste, e le-i son

Cantor

Ky-ri - e, e le - i-son.

All

Ky-ri-e, * e le-ison.

Music: Vatican Edition VIII

COLLECT

LITURGY of the WORD

Word and Song Page 115

FIRST READING JOEL 2:12-18
Rend your hearts, not your garments.

RESPONSORIAL PSALM PSALM 51 CHANT

Be mer - ci - ful O Lord for we have sinned.

1. Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense. Thoroughly wash me from my guilt and of my sin cleanse me.
2. For I acknowledge my offense, and my sin is before me always: "Against you only have I sinned, and done what is evil in your sight."
3. A clean heart create for me, O God, and a steadfast spirit renew within me. Cast me not out from your presence, and your Holy Spirit take not from me.
4. Give me back the joy of your salvation, and a willing spirit sustain in me. O Lord, open my lips, and my mouth shall proclaim your praise.

SECOND READING 2 CORINTHIANS 5:20-6:2
Be reconciled to God. Behold, now is the acceptable time.

ACCLAMATION BEFORE the GOSPEL GOOD NEWS ACCLAMATION JAMES J. CHEPPONIS

Praise and hon - or to you. Praise and hon - or to you.

Praise and hon - or to you, Lord Je - sus Christ!

*If today you hear his voice,
harden not your hearts.*

GOSPEL MATTHEW 6:1-6, 16-18
Your Father who sees in secret will repay you.

HOMILY

DISTRIBUTION of ASHES COME BACK TO THE LORD LEO NESTOR

Come back to the Lord with all your heart;
 leave the past in ash - es.

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ANTHEM CALL TO REMEMBRANCE RICHARD FARRANT
(1530 - 1580)

Call to remembrance, O Lord,
 Thy tender mercies and Thy loving kindness,
 which hath been ever of old.
 O remember not the sins and offences of my youth:
 but according to Thy mercy think Thou on me, O Lord,
 for Thy goodness.

UNIVERSAL PRAYER

LITURGY of the EUCHARIST

PREPARATION of the GIFTS

PRAYER OVER the OFFERINGS

SANCTUS CHANT MASS XVIII

San - ctus, San - ctus, San - ctus Dó - mi - nus, De - us Sá - ba - oth.
 Ple - ni sunt cae - li et ter - ra gló - ri - a tu - a.
 Ho - sán - na in ex - cél - sis.

Be - ne - dí - ctus qui ve - nit in nó - mi - ne Dó - mi - ni.
 Ho - sán - na in ex - cél - sis.

MYSTERY of FAITH Chant Mass XVIII

Save, us, Sav - ior of the world, for by your Cross
 and Res - ur - rec - tion you have set us free.

AMEN Chant Mass XVIII

A - men.

COMMUNION RITE

LORD'S PRAYER

RITE of PEACE

AGNUS DEI Chant Mass VIII

Cantor/Choir (2x):
Agnus Dei, qui tollis peccata mundi,
 All:
 mi - se - re - re no - bis.
 Cantor/Choir (Final):
Agnus Dei, qui tollis peccata mundi,
 All:
 do - na no - bis pa - cem.

COMMUNION ANTIPHON ANDREW MOYTKA

He who pon - ders the law shall bear fruit in due sea - son.